

**Volunteer job descriptions for Amy Thompson Run**  
*Race Day*

**Race Day set-up**

*Time: 5:30 a.m. – 7:30 a.m.*

*3 people needed, not including BIAKS staff and Run Director*

This position is under the direction of the Race Director. Volunteers are to unload boxes and supplies from truck; set-up tables and tents according to diagram. Tasks for the morning vary and can change often. This volunteer position is physically demanding. This position requires the ability to lift at least 25 pounds and carry it for a distance. Some items that need to be lifted are over 25 pounds.

**Process:**

- Arrive at park no later than 5:30 a.m.
- Park car along side road unless have to leave prior to end of Run.
- Begin helping to unload truck as directed.
- Change tasks as needed; determined by Run Director and Run Coordinator.